P.A.V.E. Support

Executive-function coaching for teens and young adults ages 13+

2026 PRICING

Simple, transparent pricing

Start with a free 30-minute discovery call. If P.A.V.E. is a good fit, the next steps are the agreement and setup, then a first paid 30-minute coaching session ($110). No separate intake.

Discovery Call

30 minutes

FREE

See if P.A.V.E. is the right fit

Individual Coaching

30 minutes

$110

Weekly or biweekly one-on-one coaching

Group Coaching

60 minutes

$80

Small-group executive-function coaching

Group coaching

May be offered based on interest, student fit and availability. Contact P.A.V.E. to learn more or express interest.

What coaching includes

- Current priorities and practical strategy selection
- A clear next-step plan and accountability
- Brief scheduling communication between sessions
- Individualized support within P.A.V.E.'s non-clinical coaching scope

Payment and cancellation

Your payment method on file is charged after each completed session. At least 24 hours' notice is required for cancellations; late cancellations and no-shows may be charged the full rate. Rates may be reviewed annually with advance notice.

Schedule a free 30-minute discovery call

pavesupport.com | sue@pavesupport.com | (443) 569-4203

Scan to schedule